

JAN 2012

San Jose Episcopal Day School

'Build-A-Meal'
This year
you can
choose
your
Entrée
AND
choose
your
Sides.

| mon | tue | wed | thu | fri |
|--|--|---|--|--|
| 2 <u>No School</u> | 3 <u>No School</u> | 4 <u>Mandarin Chicken Bowl*</u> with Rice, Veggies & a Fortune Cookie Chicken Bites \$ \$ Veggie Wrap \$ \$ | 5 Sabrett™ All Beef Hot Dog \$ \$ served with French Fries Chicken Tenders \$ \$ Taco Salad \$ | 6 Veggie Cheese Pizza \$ \$ Pepperoni Pizza \$ \$ |
| 9 Veggie Three Cheese Baked Ziti \$ \$ served with Dessert Chicken Sandwich \$ \$ Turkey Mozzarella Wrap \$ \$ | 10 <u>Breakfast For Lunch*</u> Omelette, French Toast & Sausage Veggie Personal Pan Pizza \$ \$ Cucumber Orange Salad \$ | 11 <u>Sweet Asian Chicken Bowl*</u> with Rice, Veggies & a Fortune Cookie Chicken Bites \$ \$ Turkey Mozzarella Wrap \$ \$ | 12 Hamburger or Cheeseburger \$ \$ served with French Fries Chicken Tenders \$ \$ Cucumber Orange Salad \$ | 13 Veggie Cheese Pizza \$ \$ Pepperoni Pizza \$ \$ |
| 16 <u>MLK Day</u> <u>No School</u> | 17 Penne Pasta with Meatballs \$ \$ with a Garlic Bread Stick Veggie Personal Pan Pizza \$ \$ Cobb Salad \$ | 18 <u>Homestyle Chicken Bowl*</u> with Mashed Potatoes & Corn Chicken Bites \$ \$ Chicken Ranch Wrap \$ \$ | 19 Corndog Pups \$ \$ with Mac & Cheese Chicken Tenders \$ \$ Cobb Salad \$ | 20 Veggie Cheese Pizza \$ \$ Pepperoni Pizza \$ \$ |
| 23 Veggie Monster Mac & Cheese \$ \$ served with Dessert Chicken Sandwich \$ \$ Santé Fe Wrap \$ \$ | 24 BBQ Beef Sandwich \$ \$ served with Corn on the Cob Veggie Personal Pan Pizza \$ \$ Chicken Caesar Salad \$ | 25 Chicken Alfredo \$ \$ with a Garlic Bread Stick Chicken Bites \$ \$ Santé Fe Wrap \$ \$ | 26 Hamburger or Cheeseburger \$ \$ served with French Fries Chicken Tenders \$ \$ Chicken Caesar Salad \$ | 27 Veggie Cheese Pizza \$ \$ Pepperoni Pizza \$ \$ |
| 30 Sloppy Joes \$ \$ with Sweet Potato Waffle Fries Chicken Sandwich \$ \$ Veggie Wrap \$ \$ | 31 Spaghetti and Meatsauce \$ \$ with a Garlic Bread Stick Veggie Personal Pan Pizza \$ \$ Taco Salad \$ | SLA Management is sensitive to the needs of all students with allergies; however we cannot be absolutely certain that all food products are free from potential allergens, notably peanut or peanut related products. If a student has a severe allergy we strongly advise you to consider other lunch options. | | |



MeatlessMonday is an international campaign that encourages people to not eat meat on Mondays to improve their health and the health of the planet.

SIDES!

Fruit Sunchips Gogurt
Veggies & Dip Side Salad

*Signature Meals Do Not Include Additional Side Selections

Limited Sides Available on Pizza Day



Vegetarian Selection

